



# Stephanie Garst Wilcox

SEP 26, 1993 - AUG 19, 2025



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# Stephanie Garst Wilcox

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**S**tephanie Garst Wilcox was born on September 26, 1993, in New York, and left this world far too soon on August 19, 2025, in Roy, Utah. To know Stephanie was to feel her light—her smile, her laugh, and her quick wit could brighten even the darkest day. She had a way of making everyone feel seen, loved, and at ease.

Stephanie grew up in New York and Florida, making memories with family and friends that she cherished for life. She attended Transfiguration School and Jupiter Community High School before going on to study biomedical sciences at the University of Central Florida, where she proudly earned her degree.

Always drawn to caring for others, Stephanie trained as an EMT in North Carolina and went on to serve in Knoxville, Tennessee. Later, her adventurous spirit carried her across the country to Utah, where she built a career as a respected Clinical Research Coordinator—approaching her work with the same heart and determination she gave to everything in her life.

But Stephanie’s greatest joy was found in her relationships. She loved her family deeply and poured her heart into every friendship. And when she met Brendan “Will” Wilcox, her life found its center. Will was her safe place—her calm, her comfort, and her greatest adventure partner. Together they shared sports, hikes in the mountains, yoga sessions, and travels near and far. Their wedding in Italy, surrounded by family and friends, was the happiest day of her life and a celebration of the love they built together.

Though she radiated light, Stephanie also carried silent struggles with her mental health. She faced them with courage, but they were part of her journey. She will be remembered not for her struggles, but for her love, her laughter, and the way she made life brighter for everyone she knew.

Stephanie is survived by her beloved husband, Brendan “Will” Wilcox; her devoted mother, Doreen Michelle Garst; her loving father, Edward Lawrence Garst; and her dear brother, Eric



## Obituary

**Stephanie Garst Wilcox**

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Anthony Garst. Her light will live on in the hearts of all who knew her and will be deeply missed and forever loved.

Services to honor and celebrate Stephanie's life will be held on Saturday, August 30 at 1:00 p.m. at 825 S 50 E, Farmington, Utah 84025.



# Events


**Stephanie Garst Wilcox**

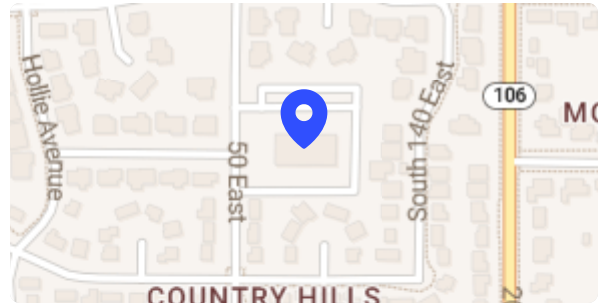
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## Celebration of Life

 **Saturday**, August 30, 2025

 1:00 PM MT

 **LDS Church**  
825 South 50 East, Farmington UT





## Tribute Wall

**Stephanie Garst Wilcox**

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**Morgan Noe** posted:

I had the privilege of working with Stephanie at AMR for a short period of time and am grateful that I got the opportunity to meet such a beautiful soul who showed nothing but love and kindness for those around her. May God's comfort continue to abide with her family and friends as his love surrounds them. ☐

January 21 at 10:29 AM



**Morgan Noe** lit a candle in honor of Stephanie.

Morgan Noe lit a candle in memory of Stephanie Wilcox

January 21 at 10:23 AM



**Brian Mickey** posted:

Steph worked with us as a clinical research coordinator at HMHI. In the brief time that I knew her, she shared her warm and caring nature with every interaction. I can only imagine the struggles she silently dealt with. Deep condolences to Stephanie's family and friends. I'll always remember her fondly.

August 30 at 3:48 AM



**Jenn Bruse** posted:

I worked with Steph at the Huntsman Mental Health Institute in the Research mission. I am deeply saddened by her passing and I will miss working with her in the department. She was always so full of kindness and happiness in all that she did. Her friendly nature was appreciated and we all valued her so much! She was hard working and compassionate at her job and her presence lifted those around her. She will be greatly missed, but her impact that she made will always remain. She was a friend to many and we were all blessed to know her ♥ My condolences go out to her family and friends. You are in our thoughts and prayers at this time ♥

August 27 at 6:00 AM



## Tribute Wall

**Stephanie Garst Wilcox**

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BL

**Ben Lewis** posted:

I worked with Steph for a brief period of time at the Huntsman Mental Health Institute where she was a study coordinator on several clinical trials. I was so impressed with her skill and conscientiousness and work ethic: she was exceptional. But what really struck me the most about Steph was her sweetness and open-heartedness- it was truly a pleasure to be around her. I'm so saddened by her passing. My condolences to her family and friends in this very hard time.

August 24 at 12:53 PM

SG

**Stephen C Garst** shared 8 photos to the **Tribute Wall** album.

Steph My beautiful niece. You were a shooting star burning bright lighting up all our lives. Shine on !!Your magical presence and beautiful soul will never be forgotten.Love you ❤️❤️❤️ and forever in our hearts.



August 22 at 3:27 PM

DS

**Debbie Seigel** posted:

My beautiful niece was the light of my life. From the day she was born, I loved her and held her tight. No one else could bring me so much joy as she, especially after the death of my husband, her uncle Robert, from cancer. That's why she went into the medical field. She didn't want others to suffer like him.Such a great soul, thinking of others always. In her last card to me she said "I hope you know the best gift of all through the years has been your love and support! It has truly been a blessing to be your niece!"To that I say Stephanie, the honor has been mine to be your Aunt. I wish I could hold you again, and I will miss you and honor you all the days of my life!Till we meet again at the gates of heaven my beautiful angel.Your Aunt,Debbie Seigel

August 24 at 9:04 AM



## Tribute Wall

**Stephanie Garst Wilcox**

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JW

**Jwon** posted:

I have met a lot of people in my life, and there were so few who would love everyone without condition. Just to love them for who they are. She taught me how to love others without condition. She may be gone but her light shines on in the kindness that she left. Steph, your birthday was always the day after mine. And as always, I will celebrate it. I will celebrate your life. Fairwell my friend.

August 23 at 1:43 AM

CA

**Cheryl Anstett And Deborah Asadoorian** August 23 at 7:22 AM

Your friends at Ann and Andy were all sorry to hear of your passing. We loved watching you and Eric grow over the years. Your smile and personality will be missed. Rest in Peace Stephanie ❤️

SM

**Shayna Merrill** shared a photo to the **Tribute Wall** album.



Steph, the most selfless, adventurous, free- spirited, non judgmental, friendliest, beautiful person to exist. She was a friend to everyone she met. She was always down for anything, included everyone, and did everything with passion and love. She was one of my first friends when I moved to Jupiter. Walking home after school became our thing and turned into the best friendship I could ever have. From Taco Bell runs, to baking cookies, to photoshoots, sleepovers, and endless adventures in Orlando the memories we made will forever be in my heart. I can still hear her infectious laugh mid sentence and see her beautiful smile. She was so full of life truly living it to the fullest. Our birthdays are only days apart and waiting to be together to celebrate was always such a treat. She sure did know how to celebrate those she loved! Now let's do the same for her. Living our lives in her memory making her proud! We have the most beautiful angel watching over us now. I saw the most perfect rainbow tonight and I knew without a doubt that was our girl. She was always sunshine but now she's a literal ray of sunshine shinning bright in the sky. Here's to Steph and the amazing life she lived and all the lives she touched along the way! I love you forever. S S always.

August 22 at 3:27 PM

JR

**John Rith** posted:

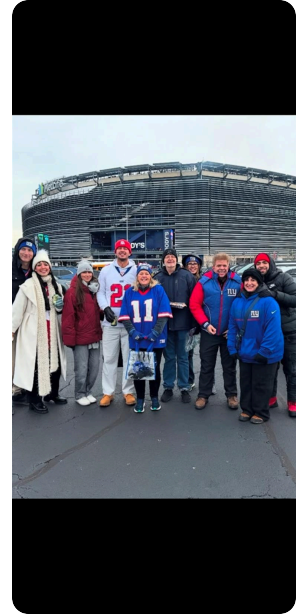
I only knew her in passing at work. We would chat about the mountains and her love of yoga. She always had a smile and a warm to her. I am saddened to hear of her passing. My condolences to husband and her family. She was an incredible person, even in the little time I knew her.

August 22 at 3:27 PM



Stephen C Garst shared 8 photos to the **Tribute Wall** album.

August 24 at 10:40 AM

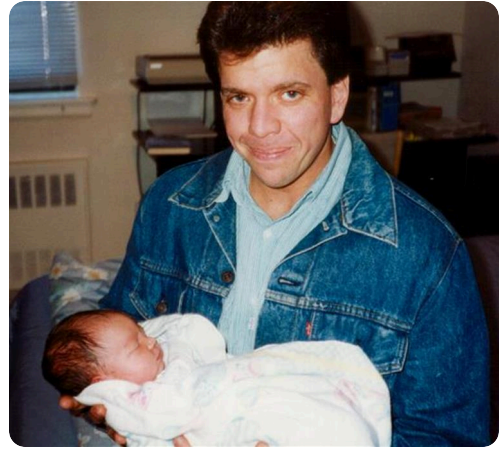




**Media**

**Stephanie Garst Wilcox**

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# Media

**Stephanie Garst Wilcox**

SEP 26, 1993 - AUG 19, 2025



Shayna Merrill shared a photo to the **Tribute Wall** album.

August 22 at 4:09 PM





## **Memories only last if you share them**

Join us in honoring Stephanie by contributing to a collection of shared memories.



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